

Is your osteoporosis treatment right for you?

Talking to your doctor about osteoporosis, your fracture risk and treatment options is an important part of partnering with your physician to manage your bone health. Being able to have open discussions with your physician will help ensure you're getting a treatment plan that is right for you. This questionnaire was designed to help you start the conversation.

If you are currently taking an osteoporosis medication, complete this questionnaire.

Do you sometimes miss a dose or forget to take your osteoporosis medication?	<input type="radio"/> Yes <input type="radio"/> No
Are you experiencing any side effects with your current medication?	<input type="radio"/> Yes <input type="radio"/> No
Are you dissatisfied with your current medication?	<input type="radio"/> Yes <input type="radio"/> No
Are you on any other medications that may affect your treatment?	<input type="radio"/> Yes <input type="radio"/> No
Have you lost more than 2 cm ($\frac{3}{4}$ inches) in height since starting your current treatment?	<input type="radio"/> Yes <input type="radio"/> No
Have you broken a bone since starting your current treatment?	<input type="radio"/> Yes <input type="radio"/> No

If you have answered yes to any of these questions, talk to your doctor. Being able to have an open discussion will help ensure you're getting a treatment plan that suits you.

Visit HEALTHANDBONE.ca to learn more.